

## Call for participants - »Manifesto on Student Mental Health.«

**This study session will design mental health-related policy documents in the framework of human rights and use them in advocating for comprehensive mental health policies on different levels.**

If you are a **Youth leader** in a (student or youth) organization and want to know and do more about **student mental health** in your city, country, or even Europe, then you are in the right place. We are looking for a diverse and eager group of young people to join us for **six days of writing and implementing a Manifesto on Student Mental Health.**

Are you motivated, keen to learn while having fun and meet other student's/youth leaders working on the topic of Mental Health?

The Study Session is being organized by the International Youth Health Organization and the European Students Union (ESU) in cooperation with the Youth Department of the Council of Europe.

The study session will take place in two parts,  
**6th – 8th of July 2021 and 12th – 14th of July 2021.**



**Where:** Online - really interactive!

**Who:** 30 participants from the 47 member states of the Council of Europe and parties to the European Cultural Convention (Belarus, Holy See, and Kazakhstan)

**Theme:** Mental Health, Youth participation, Youth work, Non-formal Education, Advocacy, Human rights



**If you are motivated and ready to learn, apply now!**

### **What is »Study session – Manifesto on student mental health« about?**

Study sessions are international youth events lasting between 4 and 8 days, which bring together young people, members of youth organizations, and experts for discussions, training activities, and workshops on a specific subject.

We aim to equip participants from different countries with the skills needed to design mental health-related policy documents in the framework of human rights and advocate for comprehensive mental health policies on a local, national and international level. With the gained knowledge, the participants will contribute to the fight against stigmatization of people with mental health disorders and prevent stereotypes.

## What will you learn and experience?

- Introduction of the current situation in the field of mental health in Europe.
- How to identify your environment.
- How to draft policy papers and do consultations with young people.
- How to create an advocacy campaign.
- How to become a multiplier actor and an inspiration for other young people.
- Contribute to the first Manifesto on Mental Health that will serve to advocate at EU level

## Profile of the participants

- 18 - 30 years old.
- Youth leaders/leaders of youth organizations and leaders of student organizations. With experience in youth/student representation and civic participation.
- A good level of English language knowledge.
- Want to be actively involved in workshops and activities for the entire duration of the session.
- Must be open to participating in a group of culturally and gender diverse individuals that may have various backgrounds (refugees/Roma/LGBT+/youths with disabilities).

30 participants will be selected on the basis of the received application forms

## Special needs

Upon the request of participants, special assistance will be provided, ensuring accessibility of the study session. Please indicate any special assistance needed in your application form.

## Working language

The sessions will be in English.

The application must be made in English, and it will take you less than 10 minutes!

## Deadline for applying:

Candidates should complete the online application and submit it no later than the **1st of June 2021.**

**If you have any additional questions and/or support when filling the form please feel free to send an email to [mental.health@yho.network](mailto:mental.health@yho.network).**

We are looking forward to receiving your applications! :)

The Council of Europe kindly supports the event.